Emmeline Schedule:

# 7 Wake up (wait until she stands up herself)

Change diaper (possibly sit on potty)

Bottle of milk (~100 mL. bottle in drying rack or dishwasher. 3 parts: bottle, rubber thing, plastic screw-on part. Push rubber part into screw-on part from bottom of screw on part).

Breakfast (slice of bread with butter, honey and marmalade, fruit- slice into small pieces. If grapes/blueberries, or anything similarly small and round, cut in half)

# 11 Snack

Leftovers from breakfast. Squeezy. Fruit bar (see tall cabinet across from refrigerator. Most baby food on middle shelf)